



## BAREFOOT BRIDAL

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### **CARRY ON**

*All the necessities for your vacation, if checked in luggage ends up lost*

- Passport and other IDs
- Credit cards, wallet, cash (for tipping)
- Medicine (in original bottle)
- Jewelry
- Cell Phones
- What you should have on your phone:  
Boarding Pass, Travel Documents,  
Transportation Confirmation E-mail,  
Travel Insurance Brochure, emergency  
contact info
- One swimsuit plus one outfit (so you can still go to the pool or beach and eat at the restaurants)
- Wedding day outfit (especially if bridal party)
- Camera, if separate from cell phone
- Head Phones / AirPods
- Sleeping Mask, Neck Pillow
- Book, Magazines, E-Reader/Tablet

### **CHECK IN BAGS**

*Pool/Beach Necessities:*

- Swimsuits & Cover-Ups (1 per 1-2 days)
- Flip flops for the pool/beach
- Beach bag (some hotels include these)
- Sunglasses, sunhats

*Be sure to check dress code for restaurants.*

- Tanks, tees, tops
- Shorts, skirts, pants, bottoms
- Dresses, strapless bra
- Shoes for dinner/going out
- Sneakers/comfortable shoes for walking

- A wrap/sweater in case of chilly evenings
- Workout clothing
- Power bank
- Chargers for phone, watch, tablet, etc.
- Underwear, Socks, Bras, etc.
- Sleepwear
- Pro Tip: pack a tumbler with a reusable straw to keep your drinks cold and ditch the plastic!*

### **TOILETRIES**

- Toothbrush & paste, floss, mouth wash
- Hair styling products
- Curling/Straightening Iron, Hair Dryer
- Nail file, nail cutter, cuticle cutter
- Deodorant
- Makeup and Makeup remover
- Cotton ball/swabs
- Q-tips
- Comb/Brush
- Razor, Shaving Cream, After-Shave
- Feminine Hygiene products
- Contraceptives
- Contact lenses, case and solution
- Bug Spray – 25% DEET
- Immodium
- Aloe Vera
- Sunblock - SPF 50 or above
- Chapstick with SPF
- Tweezers
- Small scissors
- Nail Polish Remover
- Perfume/Cologne
- Advil/Tylenol/Aleve

*The hotel likely provides the following: beach towel, shampoo, conditioner, body wash, soap, lotion.  
Double check with your hotel to confirm!*



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### **EXTRAS**

*Feel like I missed something? Add it here!*

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### **TO DO / LEAVE BEHIND BEFORE LEAVING:**

- Make copies of the following and leave with someone at home and/or scan and email to yourself:
  - Passport
  - Birth Certificates
  - All travel itinerary
- Call your cell phone provider to inquire about adding an international package to your plan while you are abroad; some might be able to add this for free or for a small prorated fee if traveling to Mexico and the Caribbean. Otherwise, turn off the data on your phone and download WhatsApp, Viber, or another messaging app so that you can communicate with people via WiFi. Make sure the people you want to communicate with back at home or at the resort with you install the same app.
- Purchase Tourist Card/Visa, if necessary.
- Call your credit card companies and notify them of your travel plans. Ask them about foreign transaction fees and what logo to look for at ATMs to see if your card will work.
- Do a vacation hold on USPS.com
- Call your health insurance to find out what you need to do if you need medical/dental coverage while in a foreign country. Make copies of your prescription meds.
- Pay any bills that will become due while you're away.
- Clean out perishables from fridge. Place a Shipt/Instacart order or someone staying behind to get some groceries for you the day you're to arrive, so your fridge won't be empty when you come home.
- Turn off appliances/electronics.
- Set thermostat.